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# BMJ Open

## Management of Asthma in Childhood: Study Protocol of a Systematic Evidence Update by the Pediatric Asthma in Real Life (PeARL) Think Tank.

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**Title:** Management of Asthma in Childhood: Study Protocol of a Systematic Evidence Update by the Pediatric Asthma in Real Life (PeARL) Think Tank.

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102 **Abstract**

103 **Introduction:** Clinical recommendations for childhood asthma are often based on data extrapolated from  
104 studies conducted in adults, despite significant differences in mechanisms and response to treatments. The  
105 PeARL Think Tank aspires to develop recommendations based on the best available evidence from studies in  
106 children. An overview of systematic reviews on pediatric asthma maintenance management and a systematic  
107 review of treatments for acute asthma attacks in children, requiring an emergency presentation with/without  
108 hospital admission will be conducted.

109 **Methods and analysis:** Standard methodology recommended by Cochrane will be followed. Maintenance  
110 pharmacotherapy of childhood asthma will be evaluated in an overview of SRs published after 2005 and  
111 including clinical trials or real-life studies. For evaluating pharmacotherapy of acute asthma attacks leading to  
112 an emergency presentation with/without hospital admission, we opted to conduct de novo synthesis in the  
113 absence of adequate up-to-date published SRs. For the SR of acute asthma pharmacotherapy we will consider  
114 eligible SRs, clinical trials, or real-life studies without time restrictions. Our evidence updates will be based on  
115 broad searches of Pubmed/Medline and the Cochrane Library. We will use AMSTAR-2, Cochrane RoB2 and  
116 RELEVANT to evaluate the methodological quality of SRs, controlled clinical trials and real-life studies,  
117 respectively.

118 Next, we will further assess interventions for acute severe asthma attacks with positive clinical results in meta-  
119 analyses. We will include both controlled clinical trials and observational studies and will assess their quality  
120 using the previously mentioned tools. We will employ random effect models for conducting meta-analyses,  
121 and GRADE methodology to assess certainty in the body of evidence.

122 **Ethics and dissemination:** Ethics approval is not required for SRs. Our findings will be published in peer  
123 reviewed journals and will inform clinical recommendations being developed by the PeARL Think Tank.

124 **Systematic review registration:** CRD42020132990, CRD42020171624

## Strengths and limitations of this study

- Broad evidence syntheses on the management of childhood asthma, with a focus on the differential treatment response according to age and disease phenotypes could reveal clinically exploitable information, that will be used in the development of clinical and research recommendations by PeARL.
- A rigorous methodology that includes thorough evaluation of the literature, appropriate evaluation of the methodological quality of individual studies and -when appropriate- of the body of evidence, and presentation of overall effect estimates.
- A prospectively published protocol increases the transparency and allowed for peer-review of the methodology utilized.

**Keywords:** Asthma, Childhood Asthma, Asthma attacks, Asthma attacks in children, Systematic Reviews, Meta-analyses, Overview of Systematic Reviews.

1 142 **Introduction**

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4 143 Having a global prevalence that is anticipated to exceed 400 million children by the year 2025, childhood  
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6 144 asthma represents a huge health and socioeconomic burden to patients, their families and the society<sup>1,2,3</sup>.  
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8 145 Despite its diverging mechanisms, triggers, outcomes and response to treatment, childhood asthma is often  
9  
10 146 still approached as an extension of adult asthma<sup>4</sup>. It is under-addressed in clinical guidelines, likely due to  
11  
12 147 unclear diagnosis, limited availability of safety, efficacy and effectiveness data in this population. Clinical  
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14 148 recommendations are to a large extent informed by data extrapolated from clinical studies conducted in  
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16 149 adults<sup>2,3,4,5</sup>.  
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20 150 Numerous challenges complicate conducting interventional research studies in children with asthma. Besides  
21  
22 151 the lack of consensus on its definition and diagnostic criteria, childhood asthma is highly heterogeneous and  
23  
24 152 our understanding of different pediatric asthma phenotypes is still limited or contradictory<sup>6</sup>. This is further  
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26 153 emphasized by significant variability in disease progression, outcomes, and treatment response in children  
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28 154 with different phenotypes or ages<sup>5,7</sup>, potentially complicating interpretation of trials' findings. In addition,  
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30 155 there are regulatory and ethical constraints in conducting interventional research in children<sup>8,9</sup>. However, this  
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32 156 results in the administration of treatments that have not been adequately evaluated in relevant (pediatric)  
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34 157 populations, that is evidently suboptimal.  
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38 158 Pediatric Asthma in Real Life (PeARL), an international Think Tank focusing on Pediatric Asthma, was initiated  
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41 159 in the context of the Respiratory Effectiveness Group (REG), to address this evidence deficit. In a recent  
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43 160 international, multi-stakeholder survey, we have identified and prioritised unmet needs on pediatric asthma<sup>10</sup>.  
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45 161 A need for systematic evidence updates focusing on the management of asthma in different age groups  
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47 162 emerged. Herein, we present the protocol for a series of systematic evidence updates aiming to summarise  
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50 163 direct evidence from clinical studies in children with asthma, evaluating the safety and clinical effectiveness of  
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52 164 pharmacological interventions for maintenance management and for the treatment of acute severe asthma  
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54 165 attacks, defined as those leading to an emergency presentation with/without hospital admission, in different  
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56 166 age groups. Our work will be used to inform clinical recommendations being developed by the PeARL Think  
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59 167 Tank. Therefore, we need solid evidence on the efficacy on safety of various interventions. It is considered  
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168 crucial to incorporate evidence derived from real-life observational studies, which may carry a lower strength

of evidence than RCTs, but are available in higher abundance and provide a better representation of clinical practice in real life, where for example, treatment compliance or inhaler technique may be problematic.

## Methods and analysis

We will conduct two systematic evidence updates, based on protocols prospectively registered in the PROSPERO register (CRD42020132990<sup>11</sup>, CRD42020171624<sup>12</sup>). The first will evaluate the safety and clinical effectiveness of pharmacological maintenance treatments for childhood asthma, while the other will focus on the pharmacotherapy of acute severe asthma attacks, defined as those requiring a hospital admission or emergency presentation. We will use standard methodology recommended by the Cochrane Collaboration<sup>13</sup> and will follow the Preferred Reported Items for Systematic Reviews and Meta-Analyses (PRISMA) statement<sup>14</sup>. Preliminary searches revealed several randomized controlled trials evaluating maintenance pharmacotherapy of childhood asthma, which have already been summarised in high-quality systematic reviews (SRs), some conducted by the Cochrane Collaboration. We identified >40 up-to-date SRs evaluating inhaled corticosteroids (ICS), long-acting beta-2 agonists (LABA), long-acting muscarinic antagonists (LAMA), leukotriene receptor antagonists (LTRA) or biologic therapies, as first line or add-on treatment for asthma in children. As a result, we opted to produce an overview of existing SRs of clinical trials and real-life studies<sup>15</sup>.

We found less up-to-date SRs on the management of acute severe asthma attacks in children, mainly focusing on short-acting beta-2 agonists (SABA), short acting muscarinic antagonists (SAMA), oral corticosteroids, aminophylline and magnesium, that were recently summarized in a Cochrane Overview of SRs<sup>16</sup>. However, when evaluating the literature, we identified several other pharmacological interventions that are tested in small trials or real-life studies, often showing promising results, but are not assessed further or introduced in clinical practice guidelines<sup>17,18,19,20,21</sup>. For this reason, we will conduct de novo synthesis of comparative clinical studies of any design aiming to identify any pharmacological intervention that has been tested for acute severe asthma attacks, followed by focused meta-analyses of promising interventions not covered by existing high-quality SRs.

a. **Overview of SRs evaluating maintenance pharmacotherapy for pediatric asthma.**

Eligibility criteria

Eligible studies will comprise SRs and meta-analyses of controlled clinical trials or of real-life studies evaluating maintenance treatments that are broadly used in clinical practice for asthma or recurrent wheeze in children and adolescents, aged up to 18 years. More specifically, we will include SRs comparing any combination of ICS, LABA, LAMA, LTRA, biologic therapies (namely omalizumab, mepolizumab, reslizumab, benralizumab or dupilumab), or placebo as monotherapy or add-on maintenance therapy for pediatric asthma. We will accept SRs and meta-analyses evaluating any molecule of the above-mentioned categories, administered at any dose and for a duration of at least six weeks. SRs comparing asthma maintenance treatment both in children and adults will be included provided that pediatric data are presented separately. We will only include SRs published after 2005 and reported in the English language. Older SRs are probably outdated and will only be considered in the absence of high-quality, newer SRs.

Outcome measures

The primary outcomes of this overview will be the number of acute attacks requiring the administration of oral corticosteroids or an emergency visit, and the number of acute attacks requiring hospitalization. Secondary outcomes will include lung function measures, acute attacks irrespective of the severity, symptom scores (including symptom free and rescue medication free days), asthma control, asthma-specific quality of life scores, use of rescue medications, withdrawal rates (overall, due to lack of efficacy, or adverse events), adverse events and serious adverse events.

Search strategy and study selection

The electronic databases of Medline/PubMed and Cochrane Library will be systematically searched, using appropriate controlled vocabulary and free search terms to identify relevant SRs (terms describing: childhood asthma, LABA, LAMA, LTRA, ICS, biologics, SRs, detailed search strategy is available in the online supplement). Databases will be searched from 2006 onwards. Titles and abstracts of all identified manuscripts, and the full texts of potentially relevant manuscripts, will be screened by two investigators independently. We will report

the reasons of exclusion of studies that will be excluded after full-text review. Disagreement will be resolved through discussion or adjudication by a third investigator, when necessary.

### Data abstraction

For each of the included SRs, one investigator will extract the full reference and study identifiers, references of the included trials evaluating pediatric populations, eligibility criteria, predefined outcomes, number and baseline characteristics of the participants and details on the outcomes of interest. A second investigator will cross-check for validity.

### Risk of Bias Assessment

AMSTAR 2 (A MeaSurement Tool to Assess systematic Reviews, version 2) tool will be used to evaluate the methodological quality of all included SRs<sup>22,23</sup>. The AMSTAR 2 tool evaluates 16 domains, focusing on the methodological design, interpretation and potential risk of bias involved in the conduct of a SR. It is considered by the AMSTAR 2 team that seven domains could critically affect the validity of the review, while the remaining domains describe non-critical weaknesses. Critical flaws for a SR include (i) lack of prospective protocol registration, (ii) inadequate literature searches, (iii) lack of justification of excluding individual studies, (iv) of risk of bias evaluation or (v) of risk of bias consideration in interpreting the results, (vi) of assessment of presence and likely impact of publication bias and (vii) inadequate methodology for conducting meta-analysis. We will consider the results of a SR of high quality, if there is only one or none non-critical weakness, and of moderate quality, if there are more than one non-critical weaknesses. If there are one or more critical weaknesses, then we will consider the confidence low or very low, respectively. Two of the systematic reviewers will evaluate the risk of bias independently and disagreement will be resolved through discussion, or adjudication by a third reviewer.

### Qualitative synthesis

We will summarise descriptively or in a tabulated format the characteristics of the included SRs and outcomes of interest. When several SRs evaluate the same intervention, we will compare their eligibility criteria, included studies, and methodological quality as evaluated by the AMSTAR-2 tool, as well as the pertinent subgroup analyses that are presented. We will present in detail the results of the SR that is most recent, more complete

and of high methodological quality. If no single SR fulfil these criteria, we will present in detail more than one SRs. From the remaining SRs, we will present pertinent additional information that may include, such as details about additional outcomes, or additional subgroups.

We will specifically report on the differential effectiveness of the interventions across different maintenance treatment steps (severity), age groups or pediatric asthma phenotypes.

#### **b. SR of clinical studies evaluating the management of acute severe asthma attacks.**

Over the past decades, several interventions have been tested for the management of acute severe asthma attacks, such as ketamine or macrolide antibiotics<sup>15,16,17,18,19</sup>. Despite promising early findings, some of these interventions were not further tested in robust, prospective controlled clinical trials. This may partially be due to challenges in conducting experimental clinical studies in children, as previously discussed, particularly during acute, life-threatening conditions.

To identify all evaluated treatments, a two-stage approach will be followed. Firstly, a broad search strategy will be used to identify all pharmacological interventions that have been tested as potential treatments for acute severe asthma attacks. Next, medications that showed positive clinical results, but are not yet recommended by clinical practice guidelines, will be selected and further evaluated in individual meta-analyses.

#### **Broad SR**

Medline/PubMed and the Cochrane Library will be searched, using a broad search strategy, aimed to identify any clinical research studies evaluating the management of acute severe asthma attacks (detailed search strategy is available in the online supplement).

Any study evaluating pharmacological treatments for acute severe asthma attacks in children and adolescents (< 18 years of age) will be included. Any comparative clinical research study, including experimental and

observational studies, as well as SRs of such studies will be considered eligible for inclusion. We will only include studies reported in the English language, without time restrictions.

Eligible studies will be grouped according to the drug category they evaluate and will be presented narratively. Study design, characteristics and outcomes of interest will be reported descriptively or in a tabulated format. Outcomes of interest are the same for this broad SR and individual medication meta-analyses and are detailed in the next section.

### **Individual medication meta-analyses**

These meta-analyses will further evaluate the safety and clinical effectiveness of individual medications that were assessed by the initial broad SR and were found to be of potential clinical value for the treatment of acute severe asthma attacks. In contrast to most preceding SRs and meta-analyses, we will include data from observational comparative effectiveness (real-life) studies, as well as controlled clinical trials.

#### **Eligibility criteria**

For each meta-analysis, eligible studies will comprise controlled clinical trials and observational comparative effectiveness studies comparing the index medication with placebo, no treatment or any active control, as an add-on treatment for acute severe asthma attacks. Index medication will be defined based on the pharmacological action, meaning that molecules targeting the same pharmacological target (e.g. salbutamol and terbutaline, both being short-acting beta-2 agonists) will be grouped. Only studies evaluating the management of acute severe asthma attacks, defined as those requiring a hospital admission or emergency presentation, in children and adolescents, aged between 1 and 18 years of age will be included. Studies evaluating both children and adults will be included, provided that pediatric data are reported separately or that we will be able to access these data after requesting them from the investigators. We will only include observational studies that meet the primary criteria of the RELEVANT tool (see risk of bias). There will be no time or language restrictions.

#### **Outcome measures**



The primary outcome measures will be (i) treatment success or treatment failure rate within 2 weeks from presentation, (ii) serious adverse events and, (iii) need for asthma related hospitalization within 2 weeks from presentation. Treatment success will be defined as a complete resolution of the symptoms, or an improvement in the clinical signs, symptoms and/or laboratory findings that fulfils specific criteria or thresholds prespecified by the study team. Treatment failure will be defined as a significant deterioration of the patients' clinical conditions that fulfils specific criteria prespecified by the study team. For example, treatment failure may be defined as the need for paediatric intensive care unit admission, ventilation, or death. Need for asthma related hospitalization will not be relevant for studies only evaluating hospitalized participants. Secondary outcomes will include (i) mortality, (ii) duration of asthma-related hospitalization, (iii) need for intensive care unit admission, (iv) duration of intensive care unit stay, (v) re-exacerbation rate, (vi) re-hospitalization rate, (vii) adverse events. All outcomes will be evaluated at a maximum follow-up of 6 months, as longer-term outcomes are less likely to be directly linked with the index acute event.

#### Search strategy and study selection

Using appropriate controlled vocabulary and free search terms, we will systematically search Medline/Pubmed, EMBASE and the Cochrane Library to identify controlled clinical trials and observational comparative effectiveness studies evaluating the safety, efficacy and/or clinical effectiveness of the selected medication (sample search strategies are available in the online appendix). We will also search the World Health Organization International Clinical Trials Registry Platform (ICTRP) search portal, the abstract proceedings of the European Respiratory Society, the American Thoracic Society, the Asian Pacific Society of Respiriology, the European Academy of Allergy and Clinical Immunology, the American Academy of Allergy, Asthma and Immunology, and the World Allergy Organization, as well as the reference lists of all included studies. All sources will be searched from inception, without language limitations. We will follow standard methodology for screening titles, abstracts and the full text of all identified studies, as described previously.

#### Data abstraction

The full study reference, study identifiers, details on the study design, eligibility criteria, predefined outcomes and potential confounding factors that were considered by the investigators, number and baseline characteristics of participants will be extracted by one investigator and will be cross-checked for validity by a

second extractor. Details on the outcomes of interest from all included studies will be extracted by two investigators independently. Conflicts will be resolved through discussion and when needed adjudication by a third investigator.

### Risk of bias of individual studies

We will use the second version of the Cochrane risk of bias (RoB2) tool for assessing risk of bias in the included RCTs<sup>24</sup> and the REal Life EVidence AssessmeNt Tool (RELEVANT) for assessing the risk of bias of observational studies<sup>25</sup>. Risk of bias of each included study will be evaluated by two investigators independently.

The RoB2 tool evaluates the following domains for potential risk of bias: (i) bias arising from the randomization process, (ii) bias due to deviations from intended interventions, (iii) bias due to missing outcome data, (iv) bias in measurement of the outcome, (v) bias in selection of reported results and (vi) any other potential source of bias. High risk of bias in any of these domains will result in an overall judgement of high risk of bias. In the absence of high-risk domains, unclear risk in any domain will lead to an overall judgement of unclear risk. All remaining trials will be considered to be of low risk of bias.

RELEVANT evaluates the quality of observational comparative effectiveness research studies across seven domains, which include background, design, measures, analysis, results, discussion/interpretation and conflicts of interest. Each domain includes primary and secondary items. It is suggested that studies not meeting the primary items of RELEVANT are of very low methodological quality (have “fatal flaws”) and should not be used to inform clinical recommendations. Therefore, we will exclude studies not meeting these criteria. We will consider of low risk of bias all studies meeting the secondary criteria of RELEVANT as well, and of high risk of bias studies that do not meet any of the secondary criteria.

For every comparison, we will use funnel plots, Egger’s regression and Begg’s rank tests to evaluate publication bias, if we are able to pool more than 10 studies.

### Data synthesis

Data from controlled clinical trials or observational studies will be analysed separately. In addition, studies evaluating different comparators, will be analysed separately. If different doses of the index medication or

comparator are evaluated across the included studies, we will consider grouping studies using similar doses, providing that their results are not significantly dissimilar.

For every analysis,  $I^2$  statistic will be used to assess statistical heterogeneity. Substantial heterogeneity ( $I^2 > 50\%$ ) will be explored using prespecified subgroup analyses (details in the next section). We will not perform meta-analyses in cases of considerable unresolved heterogeneity ( $I^2 > 75\%$ ).

Meta-analyses will be performed using the random-effects model, because we anticipate significant heterogeneity in our data. Results will be presented in the form of relative risk (RR, 95% confidence intervals – CI) for dichotomous data, mean difference (MD, 95% CI) for continuous data and hazard ratios (HR, 95% CI) for time to event data. Meta-analyses will be performed using Review Manager version 5 (RevMan, <http://community.cochrane.org/tools/review-production-tools/revman-5>) and R statistics version 3.4.3 or newer (R Foundation for Statistical Computing, Vienna, Austria).

For dichotomous outcomes, the unit of analysis will preferably be participants, rather than events (i.e. number of participants admitted to the intensive care unit, rather than number of admissions per participants).

### Sensitivity and subgroup analyses

In sensitivity analyses for all comparisons, we will (i) use fixed effects models, (ii) only include studies with low risk of bias, (iii) exclude studies reporting limited adherence to the study drugs (<80%), and (iv) evaluate separately studies assessing different doses of the index medication, which we may pool in the main analysis. Subgroup analyses according to participants' age, asthma phenotypes or, possibly, acute attack phenotypes will also be conducted, depending on data availability. In an additional subgroup analysis, we will evaluate separately trials utilising exploratory versus pragmatic study designs.

### Certainty of the body of evidence

Certainty of the body of evidence, for every comparison will be evaluated using the GRADE (Grading of Recommendations Assessment, Development and Evaluation) methodology<sup>26</sup>. GRADE assesses the certainty in a body of evidence as high, moderate, low, or very low after considering the methodological quality of the included studies, imprecision, inconsistency, indirectness, publication bias, the magnitude of effect, dose response, and confounders likely to minimize the effect. All decisions to upgrade or downgrade the quality of

evidence will be transparent and justified in evidence profile and summary of evidence tables, in accordance with GRADE guidance. GRADEPro Software (2014; [www.grade.pro.org](http://www.grade.pro.org)) will be used for the development of these tables.

We will use GRADE methodology to assess the risk of bias associated with missing participant outcome data across the body of the available evidence<sup>27</sup>. GRADE suggests repeating the primary meta-analysis, imputing the most extreme assumptions about the values of the missing data, that the investigators consider plausible.

Only if the analyses prove robust to this imputation, the risk of bias due to missing participant outcome data should be deemed low.

The impact that the risk of bias of individual studies and the confidence in the body of the evidence has on the results will be presented.

## **Ethics and dissemination**

Ethical approval is not required for these SRs, since no primary data will be collected.

The findings of these evidence updates will be presented in national and international scientific conferences.

They will also be submitted for publication in high-impact peer review journals. Moreover, our results will be used to inform clinical recommendations that will be developed by the PeARL Think Tank.

## **Patient and public involvement**

The planned systematic reviews were prioritized through a global, multi-stakeholder survey evaluating research priorities in childhood asthma, conducted by the PeARL think tank<sup>10</sup>. Among other stakeholders, this survey included responses from patients, patient caregivers and patient organizations.

## **Discussion**

We report on the methodology of a series of planned systematic evidence updates, aiming to evaluate maintenance management of childhood asthma, and the treatment of acute severe asthma attacks. Their

design is informed by preliminary searches and the anticipated data availability. These SRs will be conducted by the PeARL group and will be used to inform clinical recommendations and future research needs. The need for high-quality evidence updates and clinical practice guidelines to improve the management of asthma in children is more urgent now, given the pressure that the unfolding coronavirus disease 19 (COVID-19) pandemic pose on the health care systems, forcing us to reconsider our daily clinical practice<sup>28,29</sup>.

Major strengths of our evidence update series are the inclusion of a wide evidence base, including data from RCTs and real-life comparative studies, the prospective design and strong methodology. The methodological quality of all available studies will be scrutinized and will aid the interpretation of our findings. Moreover, we will attempt to evaluate differential therapeutic response of different asthma phenotypes and age groups. We believe this analysis will be revealing, if adequate data is available, but may nevertheless reveal important gaps.

Guided by the available evidence, we will follow different strategies for the evidence updates on maintenance treatment of pediatric asthma and on management of acute severe asthma attacks. In view of the availability of ample published, up-to-date SRs on maintenance pharmacotherapy of childhood asthma, we chose to conduct an overview of SRs. We decided to focus on the most frequently used and thoroughly evaluated drug classes (ICS, LABA, LAMA, LTRA, and biologic therapies) and we expect to identify good quality data, which would inform clinical practice and research needs. Other, less frequently or experimentally used treatments will need to be evaluated in future studies.

The second SR, focusing on the management of acute attacks, will first evaluate a multitude of established and experimental treatments. With regards to the later, this SR will reveal treatments that have been tested, appeared safe and efficacious and it may be worth to be further evaluated, but will also report on interventions that were tested, but did not appear efficacious, and therefore, further evaluation may not be beneficial. This wide approach would aid the prioritisation of interventions to be further validated in future clinical research studies.

Next, meta-analyses of individual pharmacological interventions will be conducted to further assess the safety and clinical effectiveness of treatments for acute severe asthma attacks that will appear efficacious in our broad SR. In contrast to most previous meta-analyses, that may have been conducted, we will include both

controlled clinical trials and observational comparative effectiveness studies. Due to limitations that have already been discussed, few controlled clinical trials are conducted in children. This leads several Cochrane SRs to report low or very low confidence in the body of evidence, due to the lack of data<sup>30,31,32,33</sup>. We believe that by incorporating data from observational studies we may be able to conclude more robust results. While observational studies are at a higher risk of bias, we will carefully evaluate this risk using the newly developed, thorough RELEVANT tool and we will discuss potential implications on our findings. The GRADE working groups provides transparent guidance for assessing the certainty in a body of evidence including data from different study designs (controlled clinical trials or observational studies); this guidance will be used for interpreting the findings of our meta-analyses.

Overall, we aim to develop evidence updates on the maintenance treatment of asthma and management of acute severe asthma attacks, that will cover all available evidence, carefully considering methodological limitations. These will be used by the PeARL Think Tank for the development of clinical recommendations and to guide future clinical research.

**Author contribution:** Study conception: AGM, NGP. Study design: AGM, MM, NGP. Preparation of the manuscript: AGM. Critical revision of the manuscript: All authors. Final approval of the manuscript: All authors.

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## Online Appendix

Management of Asthma in Childhood: Study Protocol of a Systematic Evidence Update by the  
Pediatric Asthma in Real Life (PeARL) Think Tank.

For peer review only

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**Search Strategies**

- 1. Overview of SRs evaluating stable asthma treatment**
- #1 Asthma [MH]
  - #2 Respiratory Sounds[MH]
  - #3 Bronchial spasm [MH]
  - #4 Bronchial Hyperreactivity [MH]
  - #5 Respiratory Hypersensitivity [MH]
  - #6 Anti-asthmatic agents[MH]
  - #7 Asthma [tiab]
  - #8 Wheez\* [tiab]
  - #9 Bronchospas\* [tiab]
  - #10 Bronchoconstrict\* [tiab]
  - #11 Bronch\* [tiab] and (constrict\* [tiab])
  - #12 (bronchial\* [tiab] or (respiratory[tiab]) or (airway\* [tiab]) or (lung\* [tiab])) and (hypersensitiv\* [tiab] or (hyperreactiv\* [tiab]) or (allerg\* [tiab]))
  - #13 OR / 1-12
  
  - #14 (Steroid\* [tiab] or (corticosteroid\* [tiab]) or (glucocorticoid\* [tiab])) and (inhal\* [tiab])
  - #15 Beclomethasone [MH]
  - #16 Budesonide [MH]
  - #17 Fluticasone [MH]
  - #18 Mometasone Furoate [MH]
  - #19 Triamcinolone [MH]
  - #20 Beclomethasone [tiab]
  - #21 Beclometasone [tiab]
  - #22 Budesonide [tiab]
  - #23 Fluticasone [tiab]
  - #24 Ciclesonide [tiab]
  - #25 Mometasone [tiab]
  - #26 Flunisolide [tiab]
  - #27 Triamcinolone [tiab]

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3 #28 ICS [tiab]  
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9 #30 Adrenergic beta-2 receptor Agonists [MH] and (inhal\* [tiab])  
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11 #31 Beta-agonist\* [tiab] and (inhal\* [tiab])  
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13 #32 Salmeterol Xinafoate [MH]  
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15 #33 Formoterol Fumarate [MH]  
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17 #34 Clenbuterol [MH]  
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19 #35 Salmeterol [tiab]  
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21 #36 Formoterol [tiab]  
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23 #37 Vilanterol [tiab]  
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25 #38 Indacaterol [tiab]  
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27 #39 Clenbuterol [tiab]  
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29 #40 Olodaterol [tiab]  
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31 #41 Bambuterol [tiab]  
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33 #42 \*formoterol [tiab]  
34  
35 #43 LABA [tiab]  
36  
37 #44 OR/ 30-43  
38  
39 #45 Muscarinic antagonists [MH] and (inhal\* [tiab])  
40  
41 #46 Tiotropium Bromide [MH]  
42  
43 #47 Tiotropium [tiab]  
44  
45 #48 Umeclidinium [tiab]  
46  
47 #49 GSK573719 [tiab]  
48  
49 #50 Aclidinium [tiab]  
50  
51 #51 LAS34273 [tiab]  
52  
53 #52 Glycopyrronium [tiab]  
54  
55 #53 NVA237 [tiab]  
56  
57 #54 LAMA [tiab]  
58  
59 #55 Muscarinic\* [tiab] and (Antagonist\* [tiab]) and (inhal\* [tiab])  
60  
#56 Antimuscarinic\* [tiab]

1		
2		
3	#57	OR/ 45-56
4		
5		
6		
7	#58	Leukotriene Antagonists[MH]
8		
9	#59	Leukotriene* [tiab] AND (Antagonist* [tiab])
10		
11	#60	Anti-leukotriene* [tiab]
12		
13	#61	Anti-leucotriene [tiab]
14		
15	#62	Montelukast [tiab]
16		
17	#63	Zafirlukast [tiab]
18		
19	#64	Pranlukast [tiab]
20		
21	#65	LTRA [tiab]
22		
23	#66	OR/ 58-65
24		
25		
26	#67	Biological Factors [MH]
27		
28	#68	Omalizumab [MH]
29		
30	#69	Omalizumab [tiab]
31		
32	#70	Mepolizumab [tiab]
33		
34	#71	Benralizumab [tiab]
35		
36	#72	Reslizumab [tiab]
37		
38	#73	Dupilumab [tiab]
39		
40	#74	OR/ 67-73
41		
42		
43	#75	meta-analysis [Publication type] <i>HIRU Filter for Systematic Reviews</i>
44		
45	#76	meta-analysis [MH]
46		
47	#77	meta-analysis [tiab]
48		
49	#78	review [Publication type]
50		
51	#79	search*[tiab]
52		
53	#80	OR/ 75-79
54		
55		
56	#81	#28 OR #44 OR #57 OR #66 OR #74
57		
58	#82	#13 AND #80 AND #81
59		
60		

- 1  
2  
3 #83 children [MH] or (adolescents [MH])  
4  
5 #84 adults [MH] NOT #75  
6  
7 #85 Editorial [publication type]  
8  
9 #86 Letter [publication type]  
10  
11 #87 #82 NOT (#84 OR #85 OR #86)  
12  
13

14 **2. Severe asthma exacerbations treatment: Broad systematic review**  
15

- 16 #1 Asthma [MH]  
17  
18 #2 Severe asthma [MH]  
19  
20 #3 Brittle asthma [MH]  
21  
22 #4 Asthma [tiab]  
23  
24 #5 OR/ 1-4  
25  
26  
27 #6 Disease Exacerbation [MH]  
28  
29 #7 Exacerbation [tiab]  
30  
31 #8 Exacerbation\* [tiab]  
32  
33 #9 Attack [tiab]  
34  
35 #10 Acute [tiab]  
36  
37 #11 OR/ 6-10  
38  
39  
40  
41 #12 Intensive care [MH]  
42  
43 #13 Severe [tiab]  
44  
45 #14 Refractory [tiab]  
46  
47 #15 Near fatal [tiab]  
48  
49 #16 Life-threatening [tiab]  
50  
51 #17 Difficult-to-treat [tiab]  
52  
53 #18 Therapy resistant [tiab]  
54  
55 #19 Intensive care[tiab]  
56  
57 #20 Critically ill [tiab]  
58  
59 #21 ICU [tiab]  
60  
#22 OR/ 12-21

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- #23 (#5 AND #11 AND #22)
- #24 Status asthmaticus[MH]
- #25 Status asthmaticus[tiab]
- #26 (#23 OR #24 OR #25)
- #27 (animals [mh] NOT humans [mh])
- #28 children [MH] or (adolescents [MH])
- #29 adults [MH] NOT #28
- #30 Review [publication type]
- #31 Systematic review [publication type]
- #32 Meta-analysis[publication type]
- #33 (#30 NOT (#31 or #32))
- #34 Letter [publication type]
- #35 Editorial [publication type]
- #36 (#26 NOT (#27 OR #29 OR #33 OR #34 OR #35))

**3. Severe asthma exacerbations treatment: Individual medication meta-analyses**

- #1 Asthma [MH]
- #2 Respiratory Sounds[MH]
- #3 Bronchial spasm [MH]
- #4 Bronchial Hyperreactivity [MH]
- #5 Respiratory Hypersensitivity [MH]
- #6 Anti-asthmatic agents[MH]
- #7 Asthma [tiab]
- #8 Wheez\* [tiab]
- #9 Bronchospas\* [tiab]
- #10 Bronchoconstrict\* [tiab]
- #11 Bronch\* [tiab] and (constrict\* [tiab])
- #12 (bronchial\* [tiab] or (respiratory[tiab]) or (airway\* [tiab]) or (lung\* [tiab])) and (hypersensitiv\* [tiab] or (hyperreactiv\* [tiab]) or (allerg\* [tiab]))

- 1  
2  
3 #13 OR / 1-12  
4  
5  
6  
7 #14 Search terms related to the medication under investigation, including MeSH terms and free  
8 search terms.  
9  
10  
11  
12 #15 children [MH]  
13  
14 #16 paediatric\*[tiab]  
15  
16 #17 pediatric\* [tiab]  
17  
18 #18 child\* [tiab]  
19  
20 #19 adolescen\* [tiab]  
21  
22 #20 infant\* [tiab]  
23  
24 #21 toddler\* [tiab]  
25  
26 #22 preschool\* [tiab]  
27  
28 #23 OR/ 16-22  
29  
30 #24 #13 AND #14 AND #23  
31  
32  
33 #25 (animals [mh] NOT humans [mh])  
34  
35 #26 children [MH] or (adolescents [MH])  
36  
37 #27 adults [MH] NOT #26  
38  
39 #28 Review [publication type]  
40  
41 #29 Systematic review [publication type]  
42  
43 #30 Meta-analysis[publication type]  
44  
45 #31 (#28 NOT (#29 OR #30))  
46  
47 #32 Letter [publication type]  
48  
49 #33 Editorial [publication type]  
50  
51 #34 (#24 NOT (#25 OR #27 OR #31 OR #32 OR #33))  
52  
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PRISMA-P 2015 Checklist

This checklist has been adapted for use with protocol submissions to *Systematic Reviews* from Table 3 in Moher D et al: Preferred reporting items for systematic review and meta-analysis protocols (PRISMA-P) 2015 statement. *Systematic Reviews* 2015 4:1

Section/topic	#	Checklist item	Information reported		Line number(s)
			Yes	No	
ADMINISTRATIVE INFORMATION					
Title					
Identification	1a	Identify the report as a protocol of a systematic review	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Title
Update	1b	If the protocol is for an update of a previous systematic review, identify as such	<input type="checkbox"/>	<input type="checkbox"/>	N/A
Registration	2	If registered, provide the name of the registry (e.g., PROSPERO) and registration number in the Abstract	<input checked="" type="checkbox"/>	<input type="checkbox"/>	124
Authors					
Contact	3a	Provide name, institutional affiliation, and e-mail address of all protocol authors; provide physical mailing address of corresponding author	<input checked="" type="checkbox"/>	<input type="checkbox"/>	3-95
Contributions	3b	Describe contributions of protocol authors and identify the guarantor of the review	<input checked="" type="checkbox"/>	<input type="checkbox"/>	439-440
Amendments	4	If the protocol represents an amendment of a previously completed or published protocol, identify as such and list changes; otherwise, state plan for documenting important protocol amendments	<input type="checkbox"/>	<input type="checkbox"/>	N/A
Support					
Sources	5a	Indicate sources of financial or other support for the review	<input checked="" type="checkbox"/>	<input type="checkbox"/>	487-490
Sponsor	5b	Provide name for the review funder and/or sponsor	<input checked="" type="checkbox"/>	<input type="checkbox"/>	487-490
Role of sponsor/funder	5c	Describe roles of funder(s), sponsor(s), and/or institution(s), if any, in developing the protocol	<input checked="" type="checkbox"/>	<input type="checkbox"/>	487-490
INTRODUCTION					
Rationale	6	Describe the rationale for the review in the context of what is already known	<input checked="" type="checkbox"/>	<input type="checkbox"/>	143-170
Objectives	7	Provide an explicit statement of the question(s) the review will address with reference to participants, interventions, comparators, and outcomes (PICO)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	158-170

Section/topic	#	Checklist item	Information reported		Line number(s)
			Yes	No	
METHODS					
Eligibility criteria	8	Specify the study characteristics (e.g., PICO, study design, setting, time frame) and report characteristics (e.g., years considered, language, publication status) to be used as criteria for eligibility for the review	<input checked="" type="checkbox"/>	<input type="checkbox"/>	196-213, 282-306
Information sources	9	Describe all intended information sources (e.g., electronic databases, contact with study authors, trial registers, or other grey literature sources) with planned dates of coverage	<input checked="" type="checkbox"/>	<input type="checkbox"/>	214-221, 265-267, 308-317
Search strategy	10	Present draft of search strategy to be used for at least one electronic database, including planned limits, such that it could be repeated	<input checked="" type="checkbox"/>	<input type="checkbox"/>	215-218, 308-311, Online appendix
STUDY RECORDS					
Data management	11a	Describe the mechanism(s) that will be used to manage records and data throughout the review	<input checked="" type="checkbox"/>	<input type="checkbox"/>	218-221, 316-317
Selection process	11b	State the process that will be used for selecting studies (e.g., two independent reviewers) through each phase of the review (i.e., screening, eligibility, and inclusion in meta-analysis)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	218-221, 316-317
Data collection process	11c	Describe planned method of extracting data from reports (e.g., piloting forms, done independently, in duplicate), any processes for obtaining and confirming data from investigators	<input checked="" type="checkbox"/>	<input type="checkbox"/>	222-226, 318-324
Data items	12	List and define all variables for which data will be sought (e.g., PICO items, funding sources), any pre-planned data assumptions and simplifications	<input checked="" type="checkbox"/>	<input type="checkbox"/>	269-273, 365-371
Outcomes and prioritization	13	List and define all outcomes for which data will be sought, including prioritization of main and additional outcomes, with rationale	<input checked="" type="checkbox"/>	<input type="checkbox"/>	269-273, 365-371
Risk of bias in individual studies	14	Describe anticipated methods for assessing risk of bias of individual studies, including whether this will be done at the outcome or study level, or both; state how this information will be used in data synthesis	<input checked="" type="checkbox"/>	<input type="checkbox"/>	227-240, 325-343.
DATA					
Synthesis	15a	Describe criteria under which study data will be quantitatively synthesized	<input checked="" type="checkbox"/>	<input type="checkbox"/>	272-275, 344-359
	15b	If data are appropriate for quantitative synthesis, describe planned summary measures, methods of handling data, and methods of combining data from studies, including any planned exploration of consistency (e.g., $I^2$ , Kendall's tau)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	349-351
	15c	Describe any proposed additional analyses (e.g., sensitivity or subgroup analyses, meta-regression)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	249-250, 360-366

Section/topic	#	Checklist item	Information reported		Line number(s)
			Yes	No	
	15d	If quantitative synthesis is not appropriate, describe the type of summary planned	<input checked="" type="checkbox"/>	<input type="checkbox"/>	241-250
Meta-bias(es)	16	Specify any planned assessment of meta-bias(es) (e.g., publication bias across studies, selective reporting within studies)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	342-343, 367-382
Confidence in cumulative evidence	17	Describe how the strength of the body of evidence will be assessed (e.g., GRADE)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	367-382

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# BMJ Open

## Management of Asthma in Childhood: Study Protocol of a Systematic Evidence Update by the Pediatric Asthma in Real Life (PeARL) Think Tank.

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**Title:** Management of Asthma in Childhood: Study Protocol of a Systematic Evidence Update by the Pediatric Asthma in Real Life (PeARL) Think Tank.

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of the study.

1 102 **Abstract**

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4 103 **Introduction.** Clinical recommendations for childhood asthma are often based on data extrapolated from  
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6 104 studies conducted in adults, despite significant differences in mechanisms and response to treatments. The  
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8 105 PeARL Think Tank aspires to develop recommendations based on the best available evidence from studies in  
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10 106 children. An overview of systematic reviews on pediatric asthma maintenance management and a systematic  
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12 107 review of treatments for acute asthma attacks in children, requiring an emergency presentation with/without  
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15 108 hospital admission will be conducted.

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18 109 **Methods and analysis.** Standard methodology recommended by Cochrane will be followed. Maintenance  
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20 110 pharmacotherapy of childhood asthma will be evaluated in an overview of SRs published after 2005 and  
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22 111 including clinical trials or real-life studies. For evaluating pharmacotherapy of acute asthma attacks leading to  
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24 112 an emergency presentation with/without hospital admission, we opted to conduct de novo synthesis in the  
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27 113 absence of adequate up-to-date published SRs. For the SR of acute asthma pharmacotherapy we will consider  
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29 114 eligible SRs, clinical trials, or real-life studies without time restrictions. Our evidence updates will be based on  
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31 115 broad searches of Pubmed/Medline and the Cochrane Library. We will use AMSTAR-2, Cochrane RoB2 and  
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33 116 RELEVANT to evaluate the methodological quality of SRs, controlled clinical trials and real-life studies,  
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36 117 respectively.

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39 118 Next, we will further assess interventions for acute severe asthma attacks with positive clinical results in meta-  
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41 119 analyses. We will include both controlled clinical trials and observational studies and will assess their quality  
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43 120 using the previously mentioned tools. We will employ random effect models for conducting meta-analyses,  
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45 121 and GRADE methodology to assess certainty in the body of evidence.

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48 122 **Ethics and dissemination.** Ethics approval is not required for SRs. Our findings will be published in peer  
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50 123 reviewed journals and will inform clinical recommendations being developed by the PeARL Think Tank.

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53 124 **Systematic review registration.** CRD42020132990, CRD42020171624  
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## Strengths and limitations of this study

- Broad evidence syntheses on the management of childhood asthma, with a focus on the differential treatment response according to age and disease phenotypes could reveal clinically exploitable information, that will be used in the development of clinical and research recommendations by PeARL.
- A rigorous methodology that includes thorough evaluation of the literature, appropriate evaluation of the methodological quality of individual studies and -when appropriate- of the body of evidence, and presentation of overall effect estimates.
- A prospectively published protocol increases the transparency and allowed for peer-review of the methodology utilized.
- A potential limitation of the overview of SRs is that the feasibility of conducting the planned subgroup analyses will depend on whether relevant data have been captured in existing SRs.

**Keywords:** Asthma, Childhood Asthma, Asthma Maintenance Treatment, Asthma attacks, Asthma attacks in children, Acute Asthma Attacks Treatment, Systematic Reviews, Meta-analyses, Overview of Systematic Reviews.

1 145     **Introduction**

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4 146     Having a global prevalence that is anticipated to exceed 400 million children by the year 2025, childhood  
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6 147     asthma represents a huge health and socioeconomic burden to patients, their families and the society<sup>1,2,3</sup>.  
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8 148     Despite its diverging mechanisms, triggers, outcomes and response to treatment, childhood asthma is often  
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10 149     still approached as an extension of adult asthma<sup>4</sup>. It is under-addressed in clinical guidelines, likely due to  
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12 150     unclear diagnosis, limited availability of safety, efficacy and effectiveness data in this population. Clinical  
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14 151     recommendations are to a large extent informed by data extrapolated from clinical studies conducted in  
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16 152     adults<sup>2,3,4,5</sup>.  
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20 153     Numerous challenges complicate conducting interventional research studies in children with asthma. Besides  
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22 154     the lack of consensus on its definition and diagnostic criteria, childhood asthma is highly heterogeneous and  
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24 155     our understanding of different pediatric asthma phenotypes is still limited or contradictory<sup>6</sup>. This is further  
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26 156     emphasized by significant variability in disease progression, outcomes, and treatment response in children  
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28 157     with different phenotypes or ages<sup>5,7</sup>, potentially complicating interpretation of trials' findings. In addition,  
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30 158     there are regulatory and ethical constraints in conducting interventional research in children<sup>8,9</sup>. However, this  
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32 159     results in the administration of treatments that have not been adequately evaluated in relevant (pediatric)  
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34 160     populations, that is evidently suboptimal.  
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38 161     Pediatric Asthma in Real Life (PeARL), an international Think Tank focusing on Pediatric Asthma, was initiated  
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40 162     in the context of the Respiratory Effectiveness Group (REG), to address this evidence deficit. In a recent  
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42 163     international, multi-stakeholder survey, we have identified and prioritised unmet needs on pediatric asthma<sup>10</sup>.  
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44 164     A need for systematic evidence updates focusing on the management of asthma in different age groups  
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46 165     emerged. Herein, we present the protocol for a series of systematic evidence updates aiming to summarize  
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48 166     direct evidence from clinical studies in children with asthma, evaluating the safety and clinical effectiveness of  
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50 167     pharmacological interventions for maintenance management and for the treatment of acute severe asthma  
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52 168     attacks, defined as those leading to an emergency presentation with/without hospital admission, in different  
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54 169     age groups. Our work will be used to inform clinical recommendations being developed by the PeARL Think  
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56 170     Tank. Therefore, we need solid evidence on the efficacy on safety of various interventions. It is considered  
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58 171     crucial to incorporate evidence derived from real-life observational studies, which may carry a lower strength

of evidence than RCTs, but are available in higher abundance and provide a better representation of clinical practice in real life, where for example, treatment compliance or inhaler technique may be problematic.

## Methods and analysis

We will conduct two systematic evidence updates, based on protocols prospectively registered in the PROSPERO register (CRD42020132990<sup>11</sup>, CRD42020171624<sup>12</sup>). The first will evaluate the safety and clinical effectiveness of pharmacological maintenance treatments for childhood asthma, while the other will focus on the pharmacotherapy of acute severe asthma attacks, defined as those requiring a hospital admission or emergency presentation. We will use standard methodology recommended by the Cochrane Collaboration<sup>13</sup> and will follow the Preferred Reported Items for Systematic Reviews and Meta-Analyses (PRISMA) statement<sup>14</sup>.

Preliminary searches revealed several randomized controlled trials evaluating maintenance pharmacotherapy of childhood asthma, which have already been summarised in high-quality systematic reviews (SRs), some conducted by the Cochrane Collaboration. We identified >40 up-to-date SRs evaluating inhaled corticosteroids (ICS), long-acting beta-2 agonists (LABA), long-acting muscarinic antagonists (LAMA), leukotriene receptor antagonists (LTRA) or biologic therapies, as first line or add-on treatment for asthma in children. As a result, we opted to produce an overview of existing SRs of clinical trials and real-life studies<sup>15</sup>.

We found less up-to-date SRs on the management of acute severe asthma attacks in children, mainly focusing on short-acting beta-2 agonists (SABA), short acting muscarinic antagonists (SAMA), oral corticosteroids, aminophylline and magnesium, that were recently summarized in a Cochrane Overview of SRs<sup>16</sup>. However, when evaluating the literature, we identified several other pharmacological interventions that are tested in small trials or real-life studies, and while they may show promising early results, they have not been assessed further or introduced in clinical practice guidelines<sup>17,18,19,20,21,22,23</sup>. For this reason, we will conduct de novo synthesis of comparative clinical studies of any design aiming to identify any pharmacological intervention that has been tested for acute severe asthma attacks, followed by focused meta-analyses of promising interventions not covered by existing high-quality SRs or clinical practice guidelines.

## a. Overview of SRs evaluating maintenance pharmacotherapy for pediatric asthma.

### Eligibility criteria

Eligible studies will comprise SRs and meta-analyses of controlled clinical trials or of real-life studies evaluating maintenance treatments that are broadly used in clinical practice for asthma or recurrent wheeze in children and adolescents, aged up to 18 years. More specifically, we will include SRs comparing any combination of ICS, LABA, LAMA, LTRA, biologic therapies (namely omalizumab, mepolizumab, reslizumab, benralizumab or dupilumab), or placebo as monotherapy or add-on maintenance therapy for pediatric asthma. We will accept SRs and meta-analyses evaluating any molecule of the above-mentioned categories, administered at any dose and for a duration of at least six weeks. SRs comparing asthma maintenance treatment both in children and adults will be included provided that pediatric data are presented separately. We will only include SRs published between 2005 and December 2020 and reported in the English language. Older SRs are probably outdated and will only be considered in the absence of high-quality, newer SRs.

### Outcome measures

The primary outcomes of this overview will be the number of acute attacks requiring the administration of oral corticosteroids or an emergency visit, and the number of acute attacks requiring hospitalization. Secondary outcomes will include lung function measures, acute attacks irrespective of the severity, symptom scores (including symptom free and rescue medication free days), asthma control, asthma-specific quality of life scores, use of rescue medications, withdrawal rates (overall, due to lack of efficacy, or adverse events), adverse events and serious adverse events.

### Search strategy and study selection

The electronic databases of Medline/PubMed and Cochrane Library will be systematically searched, using appropriate controlled vocabulary and free search terms to identify relevant SRs (terms describing: childhood asthma, LABA, LAMA, LTRA, ICS, biologics, SRs, detailed search strategy is available in the [online](#) appendix). Databases will be searched from 2006 onwards. Titles and abstracts of all identified manuscripts, and the full texts of potentially relevant manuscripts, will be screened by two investigators independently. We will report

the reasons of exclusion of studies that will be excluded after full-text review. Disagreement will be resolved through discussion or adjudication by a third investigator, when necessary.

### Data abstraction

For each of the included SRs, one investigator will extract the full reference and study identifiers, references of the included trials evaluating pediatric populations, eligibility criteria, predefined outcomes, number and baseline characteristics of the participants and details on the outcomes of interest. A second investigator will cross-check for validity.

### Risk of Bias Assessment

AMSTAR 2 (A MeaSurement Tool to Assess systematic Reviews, version 2) tool will be used to evaluate the methodological quality of all included SRs<sup>24,25</sup>. The AMSTAR 2 tool evaluates 16 domains, focusing on the methodological design, interpretation and potential risk of bias involved in the conduct of a SR. It is considered by the AMSTAR 2 team that seven domains could critically affect the validity of the review, while the remaining domains describe non-critical weaknesses. Critical flaws for a SR include (i) lack of prospective protocol registration, (ii) inadequate literature searches, (iii) lack of justification of excluding individual studies, (iv) of risk of bias evaluation or (v) of risk of bias consideration in interpreting the results, (vi) of assessment of presence and likely impact of publication bias and (vii) inadequate methodology for conducting meta-analysis. We will consider the results of a SR of high quality, if there is only one or none non-critical weakness, and of moderate quality, if there are more than one non-critical weaknesses. If there are one or more critical weaknesses, then we will consider the confidence low or very low, respectively. Two of the systematic reviewers will evaluate the risk of bias independently and disagreement will be resolved through discussion, or adjudication by a third reviewer.

### Qualitative synthesis

We will summarise descriptively or in a tabulated format the characteristics of the included SRs and outcomes of interest. When several SRs evaluate the same intervention, we will compare their eligibility criteria, included studies, and methodological quality as evaluated by the AMSTAR-2 tool, as well as the pertinent subgroup analyses that are presented. We will present in detail the results of the SR that is most recent, more complete



1 249 and of high methodological quality. If no single SR fulfil these criteria, we will present in detail more than one  
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3 250 SRs. From the remaining SRs, we will present pertinent additional information that may include, such as details  
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5 251 about additional outcomes, or additional subgroups.  
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8 252 We will specifically report on the differential effectiveness of the interventions across different maintenance  
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10 253 treatment steps (severity), age groups or pediatric asthma phenotypes.  
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16 255 **b. SR of clinical studies evaluating the management of acute severe asthma attacks.**  
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19 256 Over the past decades, several interventions have been tested for the management of acute severe asthma  
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21 257 attacks, such as ketamine or macrolide antibiotics<sup>17,18,19,20,21,22,23</sup>. Despite promising early findings, some of  
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23 258 these interventions were not further tested in robust, prospective controlled clinical trials. This may partially  
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26 259 be due to challenges in conducting experimental clinical studies in children, as previously discussed,  
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28 260 particularly during acute, life-threatening conditions.  
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31 261 To identify all evaluated treatments, a two-stage approach will be followed. Firstly, a broad search strategy  
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33 262 will be used to identify all pharmacological interventions that have been tested as potential treatments for  
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35 263 acute severe asthma attacks. Next, medications that showed positive clinical results, but are not yet thoroughly  
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37 264 evaluated in clinical studies and meta-analyses and are therefore not recommended by international asthma  
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40 265 guidelines (such as the National Institute for Health and Care Excellence [NICE] asthma guidelines, the British  
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42 266 Thoracic Society and Scottish Intercollegiate Guidelines Network [BTS/SIGN] asthma guidelines, the National  
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44 267 Asthma Education and Prevention Program [NAEPP], or the Global Strategy for Asthma Management and  
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46 268 Prevention [GINA] document), will be selected and further evaluated in individual meta-analyses. The aim will  
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49 269 be to identify novel interventions that could be recommended for use in clinical practice, or might require  
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51 270 further evaluation in clinical research studies, to confirm their safety and effectiveness profiles.  
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57 272 **Broad SR**  
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Medline/PubMed and the Cochrane Library will be searched, using a broad search strategy, aimed to identify any clinical research studies evaluating the management of acute severe asthma attacks (detailed search strategy is available in the [online](#) appendix).

Any study evaluating pharmacological treatments for acute severe asthma attacks in children and adolescents (< 18 years of age) will be included. Any comparative clinical research study, including experimental and observational studies, as well as SRs of such studies will be considered eligible for inclusion. We will only include studies published until May 2021 and reported in the English language, without time restrictions.

Eligible studies will be grouped according to the drug category they evaluate and will be presented narratively.

Study design, characteristics and outcomes of interest will be reported descriptively or in a tabulated format.

Outcomes of interest are the same for this broad SR and individual medication meta-analyses and are detailed in the next section.

### Individual medication meta-analyses

These meta-analyses will further evaluate the safety and clinical effectiveness of individual medications that were assessed by the initial broad SR and were found to be of potential clinical value for the treatment of acute severe asthma attacks. In contrast to most preceding SRs and meta-analyses, we will include data from observational comparative effectiveness (real-life) studies, as well as controlled clinical trials.

#### Eligibility criteria

For each meta-analysis, eligible studies will comprise controlled clinical trials and observational comparative effectiveness studies comparing the index medication with placebo, no treatment or any active control, as an add-on treatment for acute severe asthma attacks. Index medication will be defined based on the pharmacological action, meaning that molecules targeting the same pharmacological target (e.g. salbutamol and terbutaline, both being short-acting beta-2 agonists) will be grouped. Only studies evaluating the management of acute severe asthma attacks, defined as those requiring a hospital admission or emergency presentation, in children and adolescents, aged between 1 and 18 years of age will be included. Studies evaluating both children and adults will be included, provided that pediatric data are reported separately or

that we will be able to access these data after requesting them from the investigators. We will only include observational studies that meet the primary criteria of the RELEVANT tool (see risk of bias). We will include studies published until May 2021 and reported in the English language.

### Outcome measures

The primary outcome measures will be (i) treatment success or treatment failure rate evaluated at any timepoint, within 2 weeks from presentation, (ii) serious adverse events and, (iii) need for asthma related hospitalization evaluated at any timepoint within 2 weeks from presentation. Treatment success will be defined as a complete resolution of the symptoms, or an improvement in the clinical signs, symptoms and/or laboratory findings that fulfils specific criteria or thresholds prespecified by the study team. Treatment failure will be defined as a significant deterioration of the patients' clinical conditions that fulfils specific criteria prespecified by the study team. For example, treatment failure may be defined as the need for paediatric intensive care unit admission, ventilation, or death. The definitions of treatment success and treatment failure vary significantly across clinical studies evaluating the management of acute asthma in children; for this reason, meta-analyses will only be conducted in cases they are considered meaningful by the investigators. Need for asthma related hospitalization will not be relevant for studies only evaluating hospitalized participants. Secondary outcomes will include (i) mortality, (ii) duration of asthma-related hospitalization, (iii) need for intensive care unit admission, (iv) duration of intensive care unit stay, (v) re-exacerbation rate, (vi) re-hospitalization rate, (vii) adverse events. All outcomes will be evaluated at a maximum follow-up of 6 months, as longer-term outcomes are less likely to be directly linked with the index acute event.

### Search strategy and study selection

Using appropriate controlled vocabulary and free search terms, we will systematically search Medline/Pubmed, EMBASE and the Cochrane Library to identify controlled clinical trials and observational comparative effectiveness studies evaluating the safety, efficacy and/or clinical effectiveness of the selected medication (sample search strategies are available in the online appendix). We will also search the World Health Organization International Clinical Trials Registry Platform (ICTRP) search portal, the abstract proceedings of the European Respiratory Society, the American Thoracic Society, the Asian Pacific Society of Respiriology, the European Academy of Allergy and Clinical Immunology, the American Academy of Allergy, Asthma and

Immunology, and the World Allergy Organization, as well as the reference lists of all included studies. All sources will be searched from inception, without language limitations. We will follow standard methodology for screening titles, abstracts and the full text of all identified studies, as described previously.

#### Data abstraction

The full study reference, study identifiers, details on the study design, eligibility criteria, predefined outcomes and potential confounding factors that were considered by the investigators, number and baseline characteristics of participants will be extracted by one investigator and will be cross-checked for validity by a second extractor. Details on the outcomes of interest from all included studies will be extracted by two investigators independently. Conflicts will be resolved through discussion and when needed adjudication by a third investigator.

#### Risk of bias of individual studies

We will use the second version of the Cochrane risk of bias (RoB2) tool for assessing risk of bias in the included RCTs<sup>26</sup> and the REal Life EVidence AssessmeNt Tool (RELEVANT) for assessing the risk of bias of observational studies<sup>27</sup>. Risk of bias of each included study will be evaluated by two investigators independently.

The RoB2 tool evaluates the following domains for potential risk of bias: (i) bias arising from the randomization process, (ii) bias due to deviations from intended interventions, (iii) bias due to missing outcome data, (iv) bias in measurement of the outcome, (v) bias in selection of reported results and (vi) any other potential source of bias. High risk of bias in any of these domains will result in an overall judgement of high risk of bias. In the absence of high-risk domains, unclear risk in any domain will lead to an overall judgement of unclear risk. All remaining trials will be considered to be of low risk of bias.

RELEVANT evaluates the quality of observational comparative effectiveness research studies across seven domains, which include background, design, measures, analysis, results, discussion/interpretation and conflicts of interest. Each domain includes primary and secondary items. It is suggested that studies not meeting the primary items of RELEVANT are of very low methodological quality (have “fatal flaws”) and should not be used to inform clinical recommendations. Therefore, we will exclude studies not meeting these criteria.

We will consider of low risk of bias all studies meeting the secondary criteria of RELEVANT as well, and of high risk of bias studies that do not meet any of the secondary criteria.

For every comparison, we will use funnel plots, Egger's regression and Begg's rank tests to evaluate publication bias, if we are able to pool more than 10 studies.

### Data synthesis

Data from controlled clinical trials or observational studies will be analysed separately. In addition, studies evaluating different comparators, will be analysed separately. If different doses of the index medication or comparator are evaluated across the included studies, we will consider grouping studies using similar doses, providing that their results are not significantly dissimilar.

For every analysis,  $I^2$  statistic will be used to assess statistical heterogeneity. Substantial heterogeneity ( $I^2 > 50\%$ ) will be explored using prespecified subgroup analyses (details in the next section). We will not perform meta-analyses in cases of considerable unresolved heterogeneity ( $I^2 > 75\%$ ).

When it is considered meaningful, meta-analyses will be performed using the random-effects model, because we anticipate significant heterogeneity in our data. Results will be presented in the form of relative risk (RR, 95% confidence intervals – CI) for dichotomous data, mean difference (MD, 95% CI) for continuous data and hazard ratios (HR, 95% CI) for time to event data. Meta-analyses will be performed using Review Manager version 5 (RevMan, <http://community.cochrane.org/tools/review-production-tools/revman-5>) and R statistics version 3.4.3 or newer (R Foundation for Statistical Computing, Vienna, Austria).

For dichotomous outcomes, the unit of analysis will preferably be participants, rather than events (i.e. number of participants admitted to the intensive care unit, rather than number of admissions per participants).

### Sensitivity and subgroup analyses

In sensitivity analyses for all comparisons, we will (i) use fixed effects models, (ii) only include studies with low risk of bias, (iii) exclude studies reporting limited adherence to the study drugs (<80%), and (iv) evaluate separately studies assessing different doses of the index medication, which we may pool in the main analysis.

Subgroup analyses according to participants' age, asthma phenotypes or, possibly, acute attack phenotypes will also be conducted, depending on data availability. In an additional subgroup analysis, we will evaluate separately trials utilising exploratory versus pragmatic study designs.

### Certainty of the body of evidence

Certainty of the body of evidence, for every comparison will be evaluated using the GRADE (Grading of Recommendations Assessment, Development and Evaluation) methodology<sup>28</sup>. GRADE assesses the certainty in a body of evidence as high, moderate, low, or very low after considering the methodological quality of the included studies, imprecision, inconsistency, indirectness, publication bias, the magnitude of effect, dose response, and confounders likely to minimize the effect. All decisions to upgrade or downgrade the quality of evidence will be transparent and justified in evidence profile and summary of evidence tables, in accordance with GRADE guidance. GRADEPro Software (2014; [www.grade-pro.org](http://www.grade-pro.org)) will be used for the development of these tables.

We will use GRADE methodology to assess the risk of bias associated with missing participant outcome data across the body of the available evidence<sup>29</sup>. GRADE suggests repeating the primary meta-analysis, imputing the most extreme assumptions about the values of the missing data, that the investigators consider plausible. Only if the analyses prove robust to this imputation, the risk of bias due to missing participant outcome data should be deemed low.

The impact that the risk of bias of individual studies and the confidence in the body of the evidence has on the results will be presented.

### **Ethics and dissemination**

Ethical approval is not required for these SRs, since no primary data will be collected.

The findings of these evidence updates will be presented in national and international scientific conferences.

They will also be submitted for publication in high-impact peer review journals. Plain English summaries of the final reports will be developed and shared with relevant patient organisations. Moreover, our results will be

used to inform clinical recommendations that will be developed by the PeARL Think Tank. We anticipate that the overview of SRs will be completed by the end of 2021 and the remaining SRs by June 2022.

**Patient and public involvement**

The planned systematic reviews were prioritized through a global, multi-stakeholder survey evaluating research priorities in childhood asthma, conducted by the PeARL think tank<sup>10</sup>. Among other stakeholders, this survey included responses from patients, patient caregivers and patient organizations. Moreover, two patient representatives (GDC, TAW) have joined the research group and provided input in this study protocol and they will also provide input throughout the study process.

**Discussion**

We report on the methodology of a series of planned systematic evidence updates, aiming to evaluate maintenance management of childhood asthma, and the treatment of acute severe asthma attacks. Their design is informed by preliminary searches and the anticipated data availability. These SRs will be conducted by the PeARL group and will be used to inform clinical recommendations and future research needs. The need for high-quality evidence updates and clinical practice guidelines to improve the management of asthma in children is more urgent now, given the pressure that the unfolding coronavirus disease 19 (COVID-19) pandemic pose on the health care systems, forcing us to reconsider our daily clinical practice<sup>30,31</sup>.

Major strengths of our evidence update series are the inclusion of a wide evidence base, including data from RCTs and real-life comparative studies, the prospective design and strong methodology. The methodological quality of all available studies will be scrutinized and will aid the interpretation of our findings. Moreover, we will attempt to evaluate differential therapeutic response of different asthma phenotypes and age groups. We believe this analysis will be revealing, if adequate data is available, but may nevertheless reveal important gaps.

Guided by the available evidence, we will follow different strategies for the evidence updates on maintenance treatment of pediatric asthma and on management of acute severe asthma attacks. In view of the availability

of ample published, up-to-date SRs on maintenance pharmacotherapy of childhood asthma, we chose to conduct an overview of SRs. We decided to focus on the most frequently used and thoroughly evaluated drug classes (ICS, LABA, LAMA, LTRA, and biologic therapies) and we expect to identify good quality data, which would inform clinical practice and research needs. Other, less frequently or experimentally used treatments will need to be evaluated in future studies. A potential limitation of this approach is that we might not be able to capture adequate data regarding the differential effectiveness of interventions across different severity groups, age groups, or pediatric asthma phenotypes, if these have not been captured in existing SRs. Moreover, existing SRs may not capture some of the most recent studies, that may have been published after the SRs, although preliminary searches have revealed several very recently update meta-analyses.

The second SR, focusing on the management of acute attacks, will first evaluate a multitude of established and experimental treatments. With regards to the latter, this SR will reveal treatments that have been tested, appeared safe and efficacious and it may be worth to be further evaluated, but will also report on interventions that were tested, but did not appear efficacious, and therefore, further evaluation may not be beneficial. This wide approach would aid the prioritisation of interventions to be further validated in future clinical research studies.

Next, meta-analyses of individual pharmacological interventions will be conducted to further assess the safety and clinical effectiveness of treatments for acute severe asthma attacks that will appear efficacious in our broad SR. In contrast to most previous meta-analyses, that may have been conducted, we will include both controlled clinical trials and observational comparative effectiveness studies. Due to limitations that have already been discussed, few controlled clinical trials are conducted in children. This leads several Cochrane SRs to report low or very low confidence in the body of evidence, due to the lack of data<sup>32,33,34,35</sup>. We believe that by incorporating data from observational studies we may be able to conclude more robust results. While observational studies are at a higher risk of bias, we will carefully evaluate this risk using the newly developed, thorough RELEVANT tool and we will discuss potential implications on our findings. The GRADE working groups provides transparent guidance for assessing the certainty in a body of evidence including data from different study designs (controlled clinical trials or observational studies); this guidance will be used for interpreting the findings of our meta-analyses.



Overall, we aim to develop evidence updates on the maintenance treatment of asthma and management of acute severe asthma attacks, that will cover all available evidence, carefully considering methodological limitations. These will be used by the PeARL Think Tank for the development of clinical recommendations and to guide future clinical research.

**Author contribution:** Study conception: AGM, NGP. Study design: AGM, MM, NGP. Preparation of the manuscript: AGM. Critical revision and final approval of the manuscript: AGM, MM, CB, GSA, AC, AD, FMD, OK, CM, ANG, WP, DP, AS, IA, LB, AB, AB, MB, JACR, GDC, TC, ZD, WF, TF, JEG, JG, GH, EMH, DI, TJ, AK, RFL, PLS, MJM, GAM, PMM, MM, MMA, KN, EP, HP, PMCP, PP, GR, IT, ST, SV, TAW, GW, PX, HJZ, NGP

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## Online Appendix

Management of Asthma in Childhood: Study Protocol of a Systematic Evidence Update by the  
Pediatric Asthma in Real Life (PeARL) Think Tank.

For peer review only

Search Strategies

1. Overview of SRs evaluating stable asthma treatment

- #1 Asthma [MH]
- #2 Respiratory Sounds[MH]
- #3 Bronchial spasm [MH]
- #4 Bronchial Hyperreactivity [MH]
- #5 Respiratory Hypersensitivity [MH]
- #6 Anti-asthmatic agents[MH]
- #7 Asthma [tiab]
- #8 Wheez\* [tiab]
- #9 Bronchospas\* [tiab]
- #10 Bronchoconstrict\* [tiab]
- #11 Bronch\* [tiab] and (constrict\* [tiab])
- #12 (bronchial\* [tiab] or (respiratory[tiab]) or (airway\* [tiab]) or (lung\* [tiab])) and (hypersensitiv\* [tiab] or (hyperreactiv\* [tiab]) or (allerg\* [tiab]))
- #13 OR / 1-12
- #14 (Steroid\* [tiab] or (corticosteroid\* [tiab]) or (glucocorticoid\* [tiab])) and (inhal\* [tiab])
- #15 Beclomethasone [MH]
- #16 Budesonide [MH]
- #17 Fluticasone [MH]
- #18 Mometasone Furoate [MH]
- #19 Triamcinolone [MH]
- #20 Beclomethasone [tiab]
- #21 Beclometasone [tiab]
- #22 Budesonide [tiab]
- #23 Fluticasone [tiab]
- #24 Ciclesonide [tiab]
- #25 Mometasone [tiab]
- #26 Flunisolide [tiab]
- #27 Triamcinolone [tiab]

- 1  
2  
3 #28 ICS [tiab]  
4  
5 #29 OR/ 14-28  
6  
7  
8  
9 #30 Adrenergic beta-2 receptor Agonists [MH] and (inhal\* [tiab])  
10  
11 #31 Beta-agonist\* [tiab] and (inhal\* [tiab])  
12  
13 #32 Salmeterol Xinafoate [MH]  
14  
15 #33 Formoterol Fumarate [MH]  
16  
17 #34 Clenbuterol [MH]  
18  
19 #35 Salmeterol [tiab]  
20  
21 #36 Formoterol [tiab]  
22  
23 #37 Vilanterol [tiab]  
24  
25 #38 Indacaterol [tiab]  
26  
27 #39 Clenbuterol [tiab]  
28  
29 #40 Olodaterol [tiab]  
30  
31 #41 Bambuterol [tiab]  
32  
33 #42 \*formoterol [tiab]  
34  
35 #43 LABA [tiab]  
36  
37 #44 OR/ 30-43  
38  
39 #45 Muscarinic antagonists [MH] and (inhal\* [tiab])  
40  
41 #46 Tiotropium Bromide [MH]  
42  
43 #47 Tiotropium [tiab]  
44  
45 #48 Umeclidinium [tiab]  
46  
47 #49 GSK573719 [tiab]  
48  
49 #50 Aclidinium [tiab]  
50  
51 #51 LAS34273 [tiab]  
52  
53 #52 Glycopyrronium [tiab]  
54  
55 #53 NVA237 [tiab]  
56  
57 #54 LAMA [tiab]  
58  
59 #55 Muscarinic\* [tiab] and (Antagonist\* [tiab]) and (inhal\* [tiab])  
60  
#56 Antimuscarinic\* [tiab]

1			
2			
3	#57	OR/ 45-56	
4			
5			
6			
7	#58	Leukotriene Antagonists[MH]	
8			
9	#59	Leukotriene* [tiab] AND (Antagonist* [tiab])	
10			
11	#60	Anti-leukotriene* [tiab]	
12			
13	#61	Anti-leucotriene [tiab]	
14			
15	#62	Montelukast [tiab]	
16			
17	#63	Zafirlukast [tiab]	
18			
19	#64	Pranlukast [tiab]	
20			
21	#65	LTRA [tiab]	
22			
23	#66	OR/ 58-65	
24			
25			
26	#67	Biological Factors [MH]	
27			
28	#68	Omalizumab [MH]	
29			
30	#69	Omalizumab [tiab]	
31			
32	#70	Mepolizumab [tiab]	
33			
34	#71	Benralizumab [tiab]	
35			
36	#72	Reslizumab [tiab]	
37			
38	#73	Dupilumab [tiab]	
39			
40	#74	OR/ 67-73	
41			
42			
43	#75	meta-analysis [Publication type]	<i>HIRU Filter for Systematic Reviews</i>
44			
45	#76	meta-analysis [MH]	
46			
47	#77	meta-analysis [tiab]	
48			
49	#78	review [Publication type]	
50			
51	#79	search*[tiab]	
52			
53	#80	OR/ 75-79	
54			
55			
56	#81	#28 OR #44 OR #57 OR #66 OR #74	
57			
58	#82	#13 AND #80 AND #81	
59			
60			



- 1  
2  
3 #83 children [MH] or (adolescents [MH])  
4  
5 #84 adults [MH] NOT #75  
6  
7 #85 Editorial [publication type]  
8  
9 #86 Letter [publication type]  
10  
11 #87 #82 NOT (#84 OR #85 OR #86)  
12  
13

## 14 2. Severe asthma exacerbations treatment: Broad systematic review

- 15  
16 #1 Asthma [MH]  
17  
18 #2 Severe asthma [MH]  
19  
20 #3 Brittle asthma [MH]  
21  
22 #4 Asthma [tiab]  
23  
24 #5 OR/ 1-4  
25  
26  
27 #6 Disease Exacerbation [MH]  
28  
29 #7 Exacerbation [tiab]  
30  
31 #8 Exacerbation\* [tiab]  
32  
33 #9 Attack [tiab]  
34  
35 #10 Acute [tiab]  
36  
37 #11 OR/ 6-10  
38  
39  
40 #12 Intensive care [MH]  
41  
42 #13 Emergency Service, Hospital[MH]  
43  
44 #14 Severe [tiab]  
45  
46 #15 Refractory [tiab]  
47  
48 #16 Near fatal [tiab]  
49  
50 #17 Life-threatening [tiab]  
51  
52 #18 Difficult-to-treat [tiab]  
53  
54 #19 Therapy resistant [tiab]  
55  
56 #20 Intensive care[tiab]  
57  
58 #21 Critically ill [tiab]  
59  
60 #22 ICU [tiab]



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- 57
- 58
- 59
- 60
- #23
- Emergency presentation [tiab]
- #24
- Emergency admission [tiab]
- #25
- Emergency department [tiab]
- #26
- OR/ 12-25
- #27
- (#5 AND #11 AND #26)
- #28
- Status asthmaticus[MH]
- #29
- Status asthmaticus[tiab]
- #30
- (#27 OR #28 OR #29)
- #31
- (animals [mh] NOT humans [mh])
- #32
- children [MH] or (adolescents [MH])
- #33
- adults [MH] NOT #32
- #34
- Review [publication type]
- #35
- Systematic review [publication type]
- #36
- Meta-analysis[publication type]
- #37
- (#34 NOT (#35 or #36))
- #38
- Letter [publication type]
- #39
- Editorial [publication type]
- #40
- (#30 NOT (#31 OR #33 OR #37 OR #38 OR #39))
3. Severe asthma exacerbations treatment: Individual medication meta-analyses
- #1
- Asthma [MH]
- #2
- Respiratory Sounds[MH]
- #3
- Bronchial spasm [MH]
- #4
- Bronchial Hyperreactivity [MH]
- #5
- Respiratory Hypersensitivity [MH]
- #6
- Anti-asthmatic agents[MH]
- #7
- Asthma [tiab]
- #8
- Wheez\* [tiab]
- #9
- Bronchospas\* [tiab]

- 1  
2  
3 #10 Bronchoconstrict\* [tiab]  
4  
5 #11 Bronch\* [tiab] and (constrict\* [tiab])  
6  
7 #12 (bronchial\* [tiab] or (respiratory[tiab]) or (airway\* [tiab]) or (lung\* [tiab])) and  
8 (hypersensitiv\* [tiab] or (hyperreactiv\* [tiab]) or (allerg\* [tiab]))  
9  
10 #13 OR / 1-12  
11  
12  
13  
14 #14 Search terms related to the medication under investigation, including MeSH terms and free  
15 search terms.  
16  
17  
18  
19 #15 children [MH]  
20  
21 #16 paediatric\*[tiab]  
22  
23 #17 pediatric\* [tiab]  
24  
25 #18 child\* [tiab]  
26  
27 #19 adolescen\* [tiab]  
28  
29 #20 infant\* [tiab]  
30  
31 #21 toddler\* [tiab]  
32  
33 #22 preschool\* [tiab]  
34  
35 #23 OR/ 16-22  
36  
37 #24 #13 AND #14 AND #23  
38  
39  
40 #25 (animals [mh] NOT humans [mh])  
41  
42 #26 children [MH] or (adolescents [MH])  
43  
44 #27 adults [MH] NOT #26  
45  
46 #28 Review [publication type]  
47  
48 #29 Systematic review [publication type]  
49  
50 #30 Meta-analysis[publication type]  
51  
52 #31 (#28 NOT (#29 OR #30))  
53  
54 #32 Letter [publication type]  
55  
56 #33 Editorial [publication type]  
57  
58 #34 (#24 NOT (#25 OR #27 OR #31 OR #32 OR #33))  
59  
60

PRISMA-P 2015 Checklist

This checklist has been adapted for use with protocol submissions to *Systematic Reviews* from Table 3 in Moher D et al: Preferred reporting items for systematic review and meta-analysis protocols (PRISMA-P) 2015 statement. *Systematic Reviews* 2015 4:1

Section/topic	#	Checklist item	Information reported		Line number(s)
			Yes	No	
ADMINISTRATIVE INFORMATION					
Title					
Identification	1a	Identify the report as a protocol of a systematic review	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Title
Update	1b	If the protocol is for an update of a previous systematic review, identify as such	<input type="checkbox"/>	<input type="checkbox"/>	N/A
Registration	2	If registered, provide the name of the registry (e.g., PROSPERO) and registration number in the Abstract	<input checked="" type="checkbox"/>	<input type="checkbox"/>	124
Authors					
Contact	3a	Provide name, institutional affiliation, and e-mail address of all protocol authors; provide physical mailing address of corresponding author	<input checked="" type="checkbox"/>	<input type="checkbox"/>	3-95
Contributions	3b	Describe contributions of protocol authors and identify the guarantor of the review	<input checked="" type="checkbox"/>	<input type="checkbox"/>	439-440
Amendments	4	If the protocol represents an amendment of a previously completed or published protocol, identify as such and list changes; otherwise, state plan for documenting important protocol amendments	<input type="checkbox"/>	<input type="checkbox"/>	N/A
Support					
Sources	5a	Indicate sources of financial or other support for the review	<input checked="" type="checkbox"/>	<input type="checkbox"/>	487-490
Sponsor	5b	Provide name for the review funder and/or sponsor	<input checked="" type="checkbox"/>	<input type="checkbox"/>	487-490
Role of sponsor/funder	5c	Describe roles of funder(s), sponsor(s), and/or institution(s), if any, in developing the protocol	<input checked="" type="checkbox"/>	<input type="checkbox"/>	487-490
INTRODUCTION					
Rationale	6	Describe the rationale for the review in the context of what is already known	<input checked="" type="checkbox"/>	<input type="checkbox"/>	143-170
Objectives	7	Provide an explicit statement of the question(s) the review will address with reference to participants, interventions, comparators, and outcomes (PICO)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	158-170

Section/topic	#	Checklist item	Information reported		Line number(s)
			Yes	No	
METHODS					
Eligibility criteria	8	Specify the study characteristics (e.g., PICO, study design, setting, time frame) and report characteristics (e.g., years considered, language, publication status) to be used as criteria for eligibility for the review	<input checked="" type="checkbox"/>	<input type="checkbox"/>	196-213, 282-306
Information sources	9	Describe all intended information sources (e.g., electronic databases, contact with study authors, trial registers, or other grey literature sources) with planned dates of coverage	<input checked="" type="checkbox"/>	<input type="checkbox"/>	214-221, 265-267, 308-317
Search strategy	10	Present draft of search strategy to be used for at least one electronic database, including planned limits, such that it could be repeated	<input checked="" type="checkbox"/>	<input type="checkbox"/>	215-218, 308-311, Online appendix
STUDY RECORDS					
Data management	11a	Describe the mechanism(s) that will be used to manage records and data throughout the review	<input checked="" type="checkbox"/>	<input type="checkbox"/>	218-221, 316-317
Selection process	11b	State the process that will be used for selecting studies (e.g., two independent reviewers) through each phase of the review (i.e., screening, eligibility, and inclusion in meta-analysis)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	218-221, 316-317
Data collection process	11c	Describe planned method of extracting data from reports (e.g., piloting forms, done independently, in duplicate), any processes for obtaining and confirming data from investigators	<input checked="" type="checkbox"/>	<input type="checkbox"/>	222-226, 318-324
Data items	12	List and define all variables for which data will be sought (e.g., PICO items, funding sources), any pre-planned data assumptions and simplifications	<input checked="" type="checkbox"/>	<input type="checkbox"/>	269-273, 365-371
Outcomes and prioritization	13	List and define all outcomes for which data will be sought, including prioritization of main and additional outcomes, with rationale	<input checked="" type="checkbox"/>	<input type="checkbox"/>	269-273, 365-371
Risk of bias in individual studies	14	Describe anticipated methods for assessing risk of bias of individual studies, including whether this will be done at the outcome or study level, or both; state how this information will be used in data synthesis	<input checked="" type="checkbox"/>	<input type="checkbox"/>	227-240, 325-343.
DATA					
Synthesis	15a	Describe criteria under which study data will be quantitatively synthesized	<input checked="" type="checkbox"/>	<input type="checkbox"/>	272-275, 344-359
	15b	If data are appropriate for quantitative synthesis, describe planned summary measures, methods of handling data, and methods of combining data from studies, including any planned exploration of consistency (e.g., $I^2$ , Kendall's tau)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	349-351
	15c	Describe any proposed additional analyses (e.g., sensitivity or subgroup analyses, meta-regression)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	249-250, 360-366

Section/topic	#	Checklist item	Information reported		Line number(s)
			Yes	No	
	15d	If quantitative synthesis is not appropriate, describe the type of summary planned	<input checked="" type="checkbox"/>	<input type="checkbox"/>	241-250
Meta-bias(es)	16	Specify any planned assessment of meta-bias(es) (e.g., publication bias across studies, selective reporting within studies)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	342-343, 367-382
Confidence in cumulative evidence	17	Describe how the strength of the body of evidence will be assessed (e.g., GRADE)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	367-382

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